

# ***Let's Talk Palliative Care: A Holistic Approach***

**Friday, March 1, 2019**

The Ritz Charles, Carmel, Indiana

Sponsored by the IUPUI RESPECT (Research in Palliative & End-of-Life Communication & Training) Signature Center

## **GENERAL INFORMATION**

<b>LOCATION</b>	The Ritz Charles, 12156 North Meridian Street Carmel, IN 46032	
<b>AUDIENCE</b>	Health care clinicians and researchers interested in learning more about best practices in palliative and end-of-life care.	
<b>AGENDA</b>	<b>7:30-8:25 am</b>	<b>Early Morning Session</b> The Indiana Palliative Care Network – An Idea whose Time Has Come?
	<b>8:00-8:30 am</b>	<b>Registration, Breakfast, and Poster sessions</b>
	<b>8:30 -10:00 am</b>	<b>Welcome and Keynote Presentation</b> J. Randall Curtis, MD, MPH
	<b>10:00-10:15 am</b>	<b>Break and Posters</b>
	<b>10:15-11:30 am</b>	<b>Concurrent Sessions</b> <ul style="list-style-type: none"><li>❖ The Importance of Self Care</li><li>❖ Keynote speaker concurrent session</li><li>❖ Palliative Care for patients with dementia</li></ul>
	<b>11:30 am-12:30 pm</b>	<b>Lunch</b>
	<b>12:30-2:00 pm</b>	<b>Panel Discussion</b> Addressing a Patient's Total Pain: When Pain Medications is Not Enough
	<b>2:00-2:15 pm</b>	<b>Break and Posters</b>
	<b>2:15-3:30 pm</b>	<b>Concurrent Sessions</b> <ul style="list-style-type: none"><li>❖ A Case Study of Living Life to the Fullest while on Hospice</li><li>❖ "Hot Topics" on Palliative Care Policy</li><li>❖ Pain management for Patients with Substance Use Disorders</li></ul>
	<b>3:30-4:00 pm</b>	<b>Closing Remarks</b>
	<b>4:00 pm</b>	<b>Adjourn</b>
<b>CALL FOR POSTERS</b>	Attendees are invited to submit poster abstracts for display and presentation highlighting their research, literature reviews, quality improvement projects, or programs. Poster submission guidelines can be found at: <a href="https://respect.iupui.edu/conference/index.html">https://respect.iupui.edu/conference/index.html</a> <b>Submission Deadline:</b> January 20, 2019, 5:00 pm. EST	
<b>SCHOLARSHIP OPPORTUNITIES</b>	A limited number of Scholarships are available. Scholarship information and application can be found at <a href="https://respect.iupui.edu/conference/index.html">https://respect.iupui.edu/conference/index.html</a> <b>Submission Deadline:</b> January 20, 2019, 5:00 pm. EST.	

## Conference Program Highlights

### J. Randall Curtis, M.D., M.P.H.

Professor of Medicine

Director, Cambia Palliative Care Center of  
Excellence

A. Bruce Montgomery – American Lung Association  
Endowed Chair in Pulmonary and Critical Care  
Medicine

University of Washington, Seattle, WA, USA



Dr. Curtis completed medical school at Johns Hopkins University then an internal medicine residency and pulmonary and critical care fellowship at the University of Washington. He is a pulmonary and critical care physician and palliative medicine physician at Harborview Medical Center at the University of Washington. He also holds the A. Bruce Montgomery – American Lung Association Endowed Chair in Pulmonary and Critical Care Medicine and he is the inaugural Director of the Cambia Palliative Care Center of Excellence at the University of Washington.

He has an active research program with over 15 years of funding from the National Institutes of Health and has also received funding from a number of foundations including the Cambia Health Foundation, Robert Wood Johnson Foundation, the Soros Open Society Institute, and the Greenwall Foundation. His research focuses on improving palliative care for patients with serious illness as well as patients' families. He has authored more than 280 peer-reviewed research articles and more than 150 editorials and chapters.

He is also committed to mentoring in palliative care research and is the director of two T32 awards and a K12 award from the National Institutes of Health to train researchers of the future. Dr. Curtis has been the recipient of several awards for his research and teaching in palliative and in 2017 he was named one of the 30 Visionaries in Hospice and Palliative Medicine by the American Academy of Hospice and Palliative Medicine.

## Pre Conference Workshop



February 28, 2019  
8:00am- 4:00pm  
Regeistrief Institute  
1101 W. 10<sup>th</sup> Street,  
Indianapolis, IN, 46202

**Application:** <https://redcap.uits.iu.edu/surveys/?s=CCXWXYNCC7>

**\*\*Pre-conference participants will be selected by application. Space is limited.**

Advanced Steps® (AS) ACP is initiated as a component of quality end-of-life care for frail elders and those whose death in the next 12 months would not be unexpected. The AS planning conversation is focused on goals of care to make timely, proactive, and specific end-of-life decisions. Ideally, these decisions are documented as medical orders that can be followed throughout the continuum of care. The [Physician Orders for Scope of Treatment \(POST\) program](#) is the nationally recognized model for this stage of planning.

**Target Audience:** The AS ACP Facilitator Certification course is intended for healthcare clinicians (nurses, social workers, chaplains, physicians) and others involved in assisting those with serious illness or frailty in making treatment decisions based on their goals of care.

### Objectives

- Describe the goals of AS, a POST Paradigm program.
- Identify interview skills for facilitating LS conversations.
- Identify skills to assist individuals in making informed treatment decisions that include CPR, limitations on treatment, and comfort care.
- Develop strategies to create a POST form that accurately reflects an individual's treatment preferences.
- Identify systems to honor the POST plan.
- Demonstrate beginning competency in facilitating LS conversations through role-play activities.
- Initial Certification Requirements
- Completion of the AS ACP Facilitator Certification [Online Curriculum](#)(Modules 1-4 and Module 5)
- Completion of the AS ACP Facilitator Certification classroom training (8-hour classroom instruction)

# REGISTRATION DEADLINE: FEBRUARY 25, 2019

## Registration Information

<b>FEES</b>	Physician, DO, Nurse Practitioner, Physician Assistants	\$ 225.00
	All other Healthcare and professional	\$150.00

Registration fees include conference materials, sessions, continental breakfast, lunch, afternoon break service, and continuing education credits.

**ON- LINE REGISTRATION** To Register, <https://iu.cloud-cme.com/RESPECT2019>. Or visit the IU School of Medicine, Division of Continuing Medical Education website at <http://cme.medicine.iu.edu/courses>

For questions about registration, please contact the CME office at (317) 274-0104 or by email at [cme@iu.edu](mailto:cme@iu.edu).

**CANCELLATION POLICY** Cancellation requests must be submitted to the CME office. Cancellations received by February 20, 2019 will receive a full refund. Cancellations received after that date will not be refunded, but substitutions are welcome.

**ON SITE REGISTRATION** On-site registration and walk-ins will be accepted, space permitting.

**OBJECTIVE** To bring together clinicians and researchers interested in evidence-based palliative and end-of-life care to help enhance clinical practice and foster new partnerships for translational research.

**LEARNING OBJECTIVES** At the conclusion of this conference, learners will be able to :

- ❖ Describe best practices in palliative and hospice care for improving care of patients with serious illness;
- ❖ Discuss strategies to incorporate new and innovative techniques for caring for patients with serious illness of all ages;
- ❖ Identify current challenges and opportunities in the field of palliative care.

### ACCREDITATION STATEMENT

In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

### Nurses

Indiana University School of Medicine designates this activity for a maximum of 7.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## Physicians

Indiana University School of Medicine designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Social Workers

Indiana University School of Medicine has been approved by the Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board to provide Category I Continuing Education program. This activity qualifies for 7.0 *Category I CEU* as outlined by the Indiana Behavioral Health and Human Services Licensing Board.

For questions about accessibility or to request accommodations please contact the IUSM CME office at 317-274-0104 or [cme@iu.edu](mailto:cme@iu.edu). One week advance notice will allow us to provide seamless access. Please ensure to specify the accommodations you need in order to participate.

## MORE INFORMATION

Contact Laura Holtz, RESPECT Center Program Manager at [respectc@iupui.edu](mailto:respectc@iupui.edu) or 317-274-9114.

## Conference Planning Committee

Susan Hickman <i>IU School of Nursing RESPECT Center Co-Director</i>	Joan Haase <i>IU School of Nursing RESPECT Center Co-Director</i>	Greg Sachs <i>IU School of Medicine RESPECT Center Co-Director</i>
Timothy Broach <i>IU Health</i>	Colleen Brown <i>St. Vincent Hospital</i>	Liz Carroll <i>Indiana Assisted Living Association</i>
Lyle Fettig <i>IU School of Medicine</i>	Amy Haskamp <i>Riley Hospital for Children</i>	Katie Hougham <i>Aging and In-Home Services</i>
Jennifer Christophel Lichti <i>Community Health Network</i>	David Mendelbaum <i>Franciscan Health</i>	Stacey Sharp <i>Community Health Network</i>
Cindi Wessel <i>Indiana Assoc. for Home and Hospice Cares</i>	Laura Holtz <i>Regenstrief Institute RESPECT Center</i>	

## IUPUI RESPECT Signature Center

The IUPUI Research in Palliative and End-of-Life Communication and Training (RESPECT) Signature Center is a collaborative, interdisciplinary scientific community of researchers and clinicians who work together to advance the science of communication in palliative and end-of-life care across the lifespan. Established in 2010, the IUPUI RESPECT Center is supported by IU School of Nursing; the IU School of Medicine, Division of General Internal Medicine and Geriatrics; the IU Simon Cancer Center; and IU Health. The goals of the Center are to: accelerate the development of innovative, descriptive and intervention research trials relevant to communication and decision-making in children, adolescents, adults, and elders with serious and/or life-threatening illness; develop new community partnerships for translational science to enhance palliative and end-of-life care research and practice; and create mentorship opportunities for developing scholars who will become the next generation of productive, passionate palliative and end-of-life care researchers. RESPECT Center activities include faculty review group meetings, visits by international experts in palliative and end-of-life care, and pilot funding to support preliminary work.

<http://www.respect.iupui.edu>